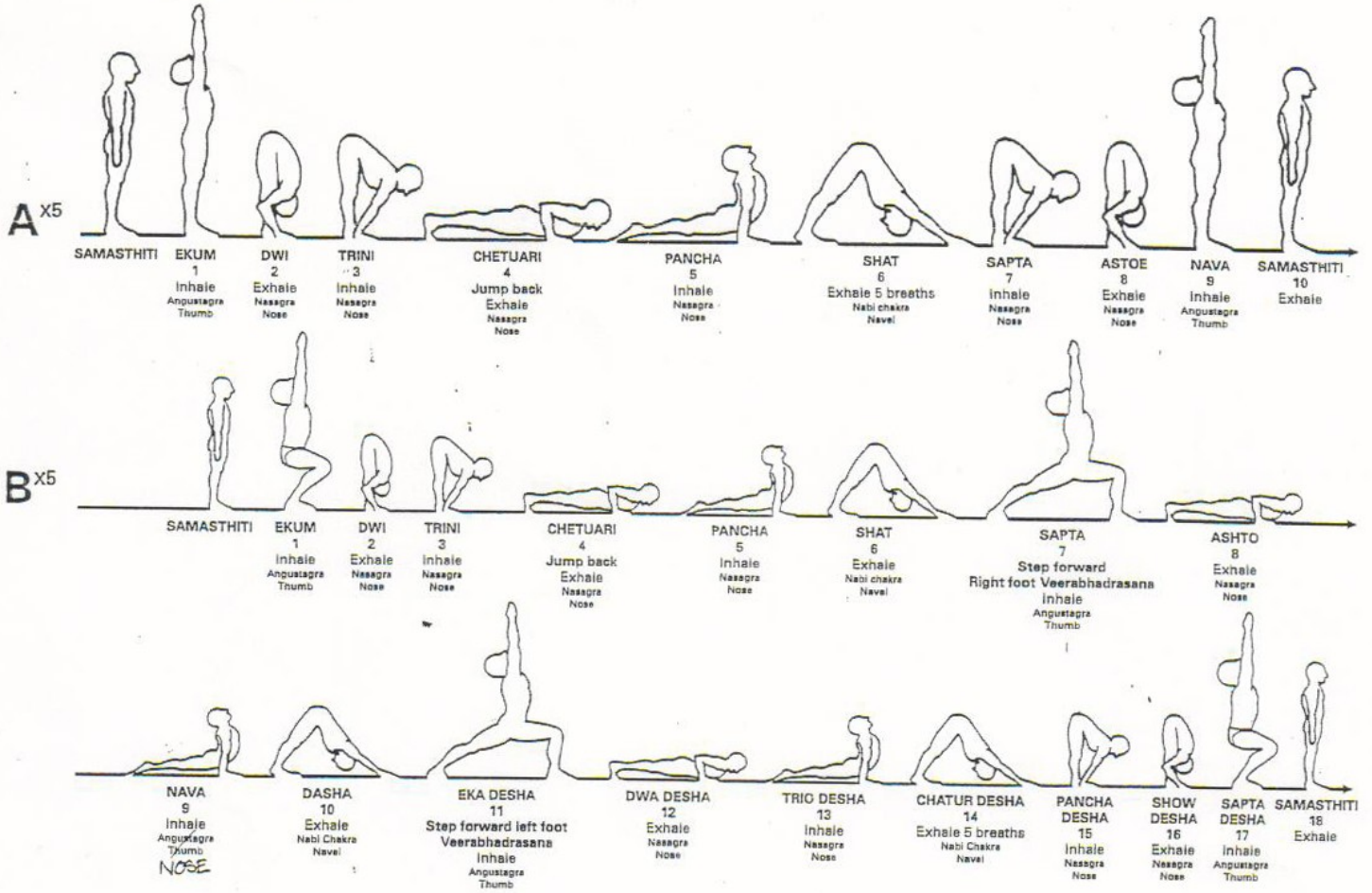
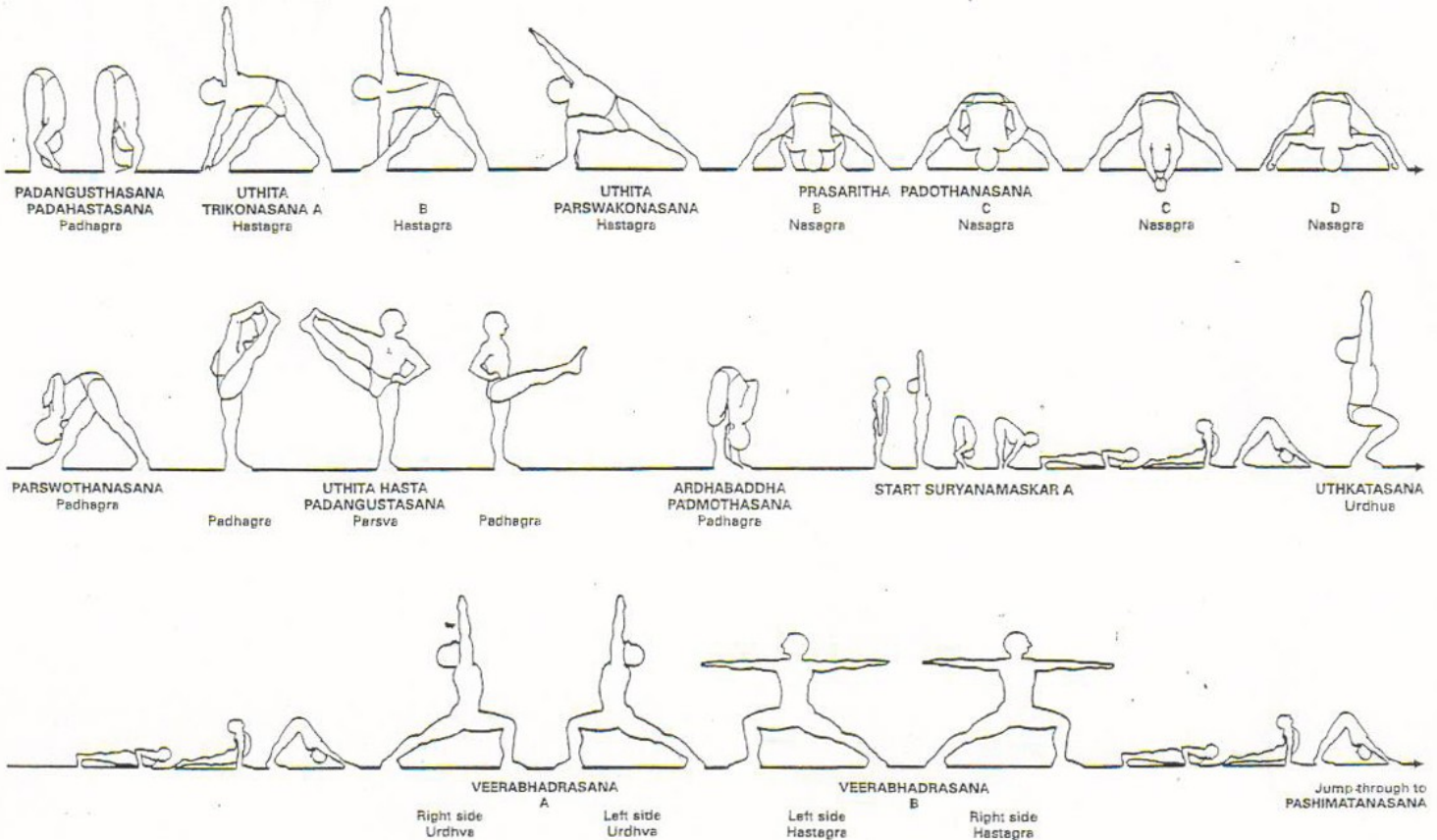


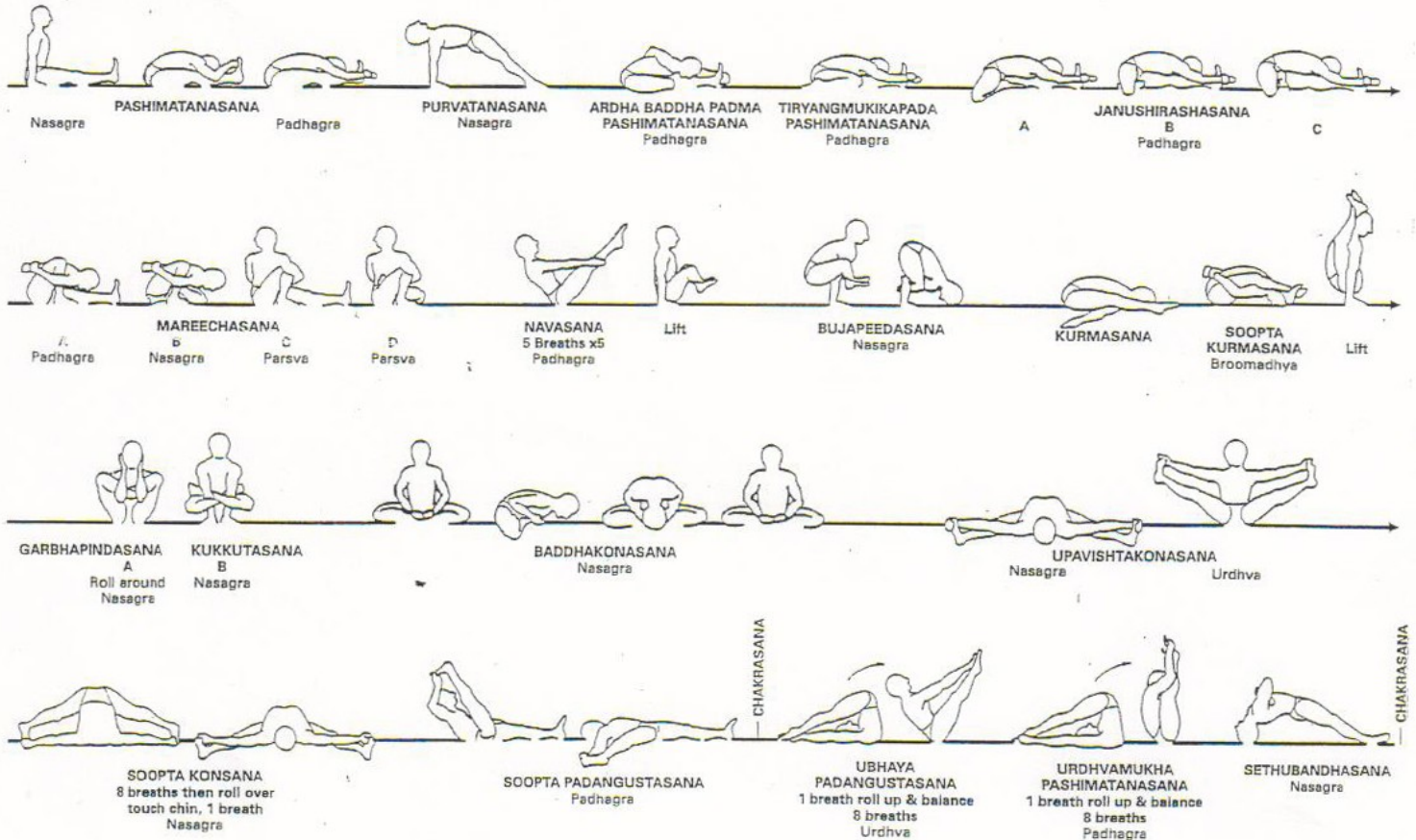
SURYANAMASKARA A&B



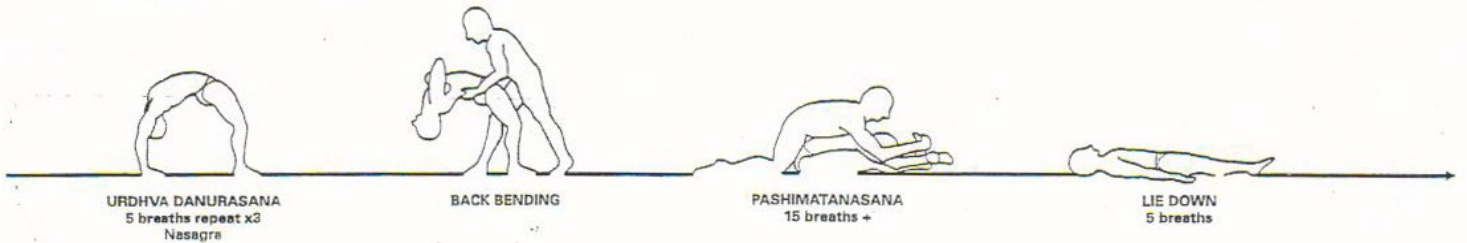
STANDING ASANAS



PRIMARY SERIES



BACK BENDING



FINISHING ASANAS

